



# DRIVER CPC EMERGENCY FIRST AID AT WORK FOR DRIVERS

## General

The "Emergency First Aid at Work for Drivers" is classroom based with some practical elements designed for drivers with little or no first aid knowledge or can be used as a refresher for those drivers with some existing first aid skills. It cannot be used as a refresher for the three day First Aid at Work course. The course uses presentations, Resuci-Anne dolls, First Aid handbooks and training dressings. This course is also approved by Health & Safety Executive.

## Course Content

### The course covers:

- Principles of First Aid
- Actions to be taken in an emergency
- Priorities of treatment
- Recovery position
- Asphyxia
- CPR – Cardio Pulmonary Resuscitation
- Wounds, Bleeding and Dressings
- Burns and Scalds, Shock and Head Injuries
- Poisons and Anaphylaxis
- First Aid Boxes

**Course Duration** The course is one training day (7 hours) long.

**Course Loading** Max trainee / instructor ratio is 12:1 – to gain dual qualification HSE approved First Aid and Driver CPC 7 hours  
Max trainee / instructor ratio is 20:1 – to gain Driver CPC qualification only

**Course Location** Public courses are held regularly at Specialist's training centre at Altham, Lancashire or at customer premises or suitable nearby locations nationwide.

**Certification** All trainees will be certified and their attendance on the course will be notified to the Joint Approvals Unit for Periodic Training (JAUPT).

0800 3283297

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