

## NOTIFICATION OF CHANGES TO FIRST AID TRAINING

As of Thursday 1<sup>st</sup> October first aid training courses will change, as directed by the Health & Safety Executive. The changes are briefly outlined below:

- An employer can send prospective first aiders on a course in either First Aid at Work (FAW) or Emergency First Aid at Work (EFAW), depending upon the findings of the first aid needs assessment. HSE did not previously approve the EFAW course.
- The HSE **strongly recommends** first aiders to undertake annual refresher training to help qualified first aiders maintain their basic skills and keep up to date with any changes to first aid procedures.
- The course duration of the FAW will be reduced from 4 days to 3 days.
- The EFAW course is 1 day in duration.
- The Annual refresher is a minimum of 3 hours and would take place over half a day.

A few of the basic principles however have not changed, here are a few reminders:

- Certificates are valid for 3 years.
- A re-qualification course can be carried out up to three months **before** the expiry date on their certificate or 28 days after. The new certificate will be dated from the expiry date of the previous certificate.
- Only approved training providers can deliver these courses.

We are an approved provider offering both courses and are already taking bookings. The dates we have available are as follows:

	October	November
First Aid At Work Initial	13 <sup>th</sup> – 15 <sup>th</sup>	9 <sup>th</sup> – 11 <sup>th</sup>
Emergency First Aid At Work	26 <sup>th</sup>	30 <sup>th</sup>
First Aid At Work Refresher	-	3 <sup>rd</sup> – 4 <sup>th</sup>

The 3 hour annual refresher courses will be scheduled in the New Year.

If you are interested in reserving a place on any of the above courses then please contact us on 01282 687090 or email [enquiries@specialisttraining.co.uk](mailto:enquiries@specialisttraining.co.uk)

We look forward to hearing from you soon.

Regards,



Nicola Dugdale  
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